



# Dos Pueblos High School

National Blue Ribbon School | California Distinguished School

Dear Athletes & Parents,

Welcome to the 2013 season of Track & Field! As the new head coach, I am excited about this season and the opportunity it brings for great success. Our team motto this year is: [Fight To Win](#). I believe it encompasses the tenacity, grit, determination, and hard work that our coaching staff will work to instill in our student-athletes.

I would like to invite you to attend our pre-season parent/athlete meeting on **Tuesday, February 19** at 7pm in the cafeteria where I can formally introduce our incredibly talented coaching staff, and myself, as well as give you some insight on what lies ahead for this season. Please plan on attending.

On the back of this letter you will find the schedule of meets for this season. Please make sure that you are able to commit to attending all league meets, all practices and the Easter Relays meet on March 23. The other Saturday meets are intended for select athletes only, mainly the most competitive athletes on our team.

Practice starts at 2:15pm and goes until 4:00 or later depending on your specific event coach. Athletes are expected to stay at practice until dismissed by their coach. If you are too sick to practice, please get excused from 6<sup>th</sup> period (by your parents) and don't attend practice until you are well enough to participate.

Our district does not financially support Track & Field. To run a program, we need to fundraise as a group to cover all of our costs. In an effort to fundraise for the essentials we need this season, we are asking for donations from all involved. Please support the 180 athletes on our team, as we work to meet our goal of \$27,000 in donations and fundraising. Donation checks should be made payable to DP Track & Field.

Attached is the spirit pack form, which will hopefully be our only fundraiser for the season. If you are able to contribute beyond the spirit pack amount, we would greatly appreciate it, as it will allow us to reach our \$27,00 goal even quicker. The spirit pack includes the team uniform (shorts and singlet), a t-shirt, a sweatshirt, and sweatpants. (Uniforms are also available for checkout). Please return all spirit pack order forms and checks by either Feb. 8<sup>th</sup>, or Feb. 22<sup>nd</sup>, in order to receive our gear on time.

Our team website is up and running, and will be updated on a regular basis. If you would like to contact me directly, please email me: [cmollkoy@sbsdk12.org](mailto:cmollkoy@sbsdk12.org) to get on my email list. My main way of communicating to the team is via email – being on this list and checking your email each Monday is crucial to knowing everything there is to know about that week in Track & Field.

If you haven't already, please turn in the physical form (you only need one physical per calendar year) and the athletic clearance form (you need a new one for every sport you play). These forms can be downloaded from the DPHS website under the athletics link, and **MUST** be turned in by **Friday, Feb. 22<sup>nd</sup>**. Please contact me with any questions, especially regarding getting on the team email list!

Sincerely,  
Chris Mollkoy  
DPHS Head Track and Field Coach

- HOME OF THE CHARGERS -

7266 Alameda Avenue | Goleta, CA 93117 | [www.dphs.org](http://www.dphs.org) | 805.968.2541 | Fax 805.968.2891



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